

Build Strength

Build Confidence

Build a Legacy



JR HIGH

WRESTLING

THE SPORT OF WRESTLING IS:

- An activity where anyone can participate
- A way to help you develop important qualities such as:
 - Self-Esteem
 - Resilience
 - Sportsmanship
 - Work Ethic
 - Leadership Skills
- The worlds oldest contact sport that teaches **control**, not violence

Whether you're a sports superstar or you have never been involved in sports before this year, you may find that wrestling is for you.

No one is too big or too small to participate.

This is a sport that will group you by weight; so, you will only be wrestling other people that are your same weight.

CONTACT US!

Boys' Wrestling

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Girls' Wrestling

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Use the QR Code
to Sign Up!



“Once you've wrestled, everything else in life is easy.”

- Dan Gable