

## Forms To Complete to Participate in Athletics

Go to AISD Website: [www.aisd.net](http://www.aisd.net)

- Click on Departments
- Click on Athletics
- Click on Online Athletic Forms

1. AISD Participation Form
2. Handbook Acknowledgment Form
3. Emergency Card
4. Medical History
5. UIL Forms Signature page

- Complete all 5 forms
- Check the boxes
- Sign Forms
- Submit

### **Click on Physical and Medical History**

- Click on Pre-Participation and evaluation Form
- Print out this form and have your doctor complete this.

**This is the only form that needs to be turned in to the the trainer**

## Grades

This is a UIL sport. Therefore, you must be passing your classes to be eligible to participate in the scrimmages and the tournament

## Practice Schedule

Season Dates: March 19 - May 2nd

Days: Tuesday through Thursday

Time: 4:30pm to 6:15pm

All practices will be held at Arlington High School in the Wrestling Gym.

The Wrestling Gym is located on the east side of the MAC near the turf field

A bus will pick you up after school and take you to the Wrestling Gym

The students are to be picked up at Arlington High School after practices

## Wrestling Competitions

On the days we have scrimmages or the tournament, the bus will pick you up after school and take you directly to the AISD Athletic Complex for the competition.

Parents will need to pick up the students after the event at the AISD Athletic Complex.

The AISD Athletic Complex is located at:

1001 East Division

Arlington, 76011

## Event Schedule

Scrimmage #1: Thursday, April 11th @ AISD Athletic Center

Scrimmage #2: Thursday, April 18th @ AISD Athletic Center

Scrimmage #3: Thursday, April 25th @ AISD Athletic Center

City Tournament: Thursday, May 2nd @ AISD Athletic Center

